SCT

Newsletter

Moving on up !

Welcomes you .....

Welcome to the latest issue of **#MovingOnUp**, our newsletter that keeps you updated on everything related to Sutton Coldfield Training. We also cover broader social events and causes that are both informative and beneficial to the community. This month we shall feature news regarding a triumphant accomplishment by our colleague **Helen Devey** as well as our latest ongoing foodbank collection and helpful advice as we approach the festive period.

Men's Health Awareness Month!

November is Men's Health Awareness Month and it is highly important to raise awareness for the issues that affect men worldwide. Featured here is Movember and since 2003, Movember has funded more than 1,250 men's health projects around the world. In a bid to challenge the status quo by shaking up men's health research and transforming the way health services reach and support men.



For Further Details Contact:

t. (MIND Charity) - 0300 123 3393
e. info.uk@movember.com
w. uk.movember.com



100 Kilometre Success!



Congratulations to our colleague **Helen Devey** on her remarkable achievement! Helen proudly walked 100 Kilometres throughout the month of September to raise money and awareness for **Sands Charity UK.**



Sands is dedicated to supporting supporting those affected by pregnancy loss or the death of a baby. On behalf of Sands Charity UK and Sutton Coldfield Training thank you to everyone who donated and provided support to this important cause.

For Further Details Contact:

t. 0808 164 3332
e. helpline@sands.org.uk
w. www.sands.org.uk

Warm Hearts, Full Plates

This Christmas - instead of traditional card and gift exchanging we are collecting for Erdington Food Bank.

Beginning on November 11th, we will be gathering food items for members of the community who may be facing financial challenges during the upcoming holiday season.

Please consider adding something extra to your weekly food shop over the next 6 weeks so we can spread some Christmas joy to those who need it the most.

Donations will be accepted up to the 13th December 2024

A typical food parcel includes:

Breakfast cereals,Soup,Pasta
Rice,Pasta sauce
Tinned beans, Tinned meat
Tinned vegetables,Tinned fruit
Tea or coffee, Sugar
Biscuits,Snacks
Jam, Rice Pudding, Custard
Tinned Soup, Pasta Sauce
UHT Milk
Christmas Treats and Selection Boxes welcome

Warm Hearts, Full Plates

We will also be accepting any toys or items for underpriviledged children to enjoy over this festive period including:

Toys
Books
Board Games
Stocking Fillers
Advent Calendars



Please drop off any donations to the address below by Friday 13th December 2024:

29 Gate Lane
Boldmere
Sutton Coldfield
B73 5TR



Testimonies

We always welcome customer feedback and testimonies as we strive to constantly improve our business and the service that we provide.

“The entire time James has been my tutor, I have had a good experience within my course. James is always there to help me if I need it and has been understanding with all my personal Issues. I have learned a lot during this time to help me progress within my Job role.”

“James is very understanding and caring to his candidates and always willing to help them whenever they need help.”

Statement from Patricia Green regarding Trainer James Steeles

“The course for this was great and I loved the material chosen to learn from. John was always helpful and online for me when I needed help along the way. Thank you for making such a useful resource on one of my favourite subjects, food.”

Statement from Jude Wood regarding Trainer John Isher

Help & Advice

Nationwide there is always a dramatic increase in people seeking help in the aftermath of Christmas due to debts accumulated over the holiday. As it can be a difficult time financially for many, Turn 2 Us want to be one step ahead and let everyone know about help available now. Turn 2 Us is running a campaign to provide grants for those in need over the festive period.

For Further Details Contact:

t. 0808 802 2000
e. info@turn2us.org.uk
w. www.turn2us.org.uk

turn 2US Tackling financial insecurity together.

We welcome suggestions from our customers at SCT to cover certain topics and issues as our aim is to provide informative and engaging information, consistently. Thank you for your support so far!

@suttoncoldfieldtraining
www.sct.co.uk
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